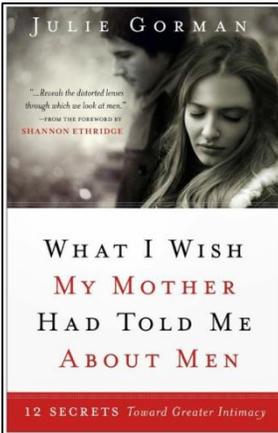


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Contact: Robin Patterson, Pure Publicity
818.753.4056 or Robin@purepublicity.com

WHAT I WISH MY MOTHER HAD TOLD ME ABOUT MEN

Exposing the Common Deceptions Women Believe About Men



West Palm Beach, FL - A woman's view of men can be shaped by her relationship with her father, her childhood sweetheart, and the men she dated, or even married. For some women their knight in shining armor has become their nightmare, and the hurts and pain from her relationships can leave her feeling alone, depressed, and betrayed.

In her book, *What I Wish My Mother Had Told Me About Men* (Authentic Publishers, October 2013), author **Julie Gorman** dissects the distorted view of men and relationships that women carry as a result of their yearning to feel loved, worthy, and safe ... a longing that can only be filled by our Creator.

In *What I Wish My Mother Had Told Me About Men*, Gorman shares her own dysfunctional journey to find validation and acceptance from men that began as a result of horrific childhood sexual abuse and continued until her teen years, and the insecurities that resulted from the failure of her first marriage.

"Absorbing the truths in this book will make a tremendous difference in how women view themselves and the men in their lives." **Shaunti Feldhahn**, best-selling author of *For Women Only*

"This book is not about bashing men, but rather to help women understand, heal, and break free from the misconceptions that destroy their relationships," says Gorman. "We must realize that only God can satisfy the longing of our soul, and healing begins with God's Word and an honest relationship with Christ."

Gorman believes that rather than blaming men for their unhappiness, women need to identify Satan as the enemy of their souls. Women can discover the peace and lasting intimacy that their soul desires through spiritual wisdom and guidance. *What I Wish My Mother Had Told Me About Men* exposes ten lies women believe about men, and the profound truths they must understand to heal their life including:

- **A Man Will Validate My Worth:** Only God can validate our worth. Healthy relationships begin with our healthy relationship with God.
- **A Man Will Rescue Me:** Jesus is the one who came to our rescue and willingly laid down His life for us because He loves us passionately.
- **A Man Will Never Let Me Down:** Expecting a man to be perfect will set you up for failure. No man, aside from Jesus Christ, will ever be perfect.
- **I Can Change Him:** God never calls you to rescue or save a man yourself. A man only changes when he encounters and accepts the living God.
- **A Man Will Satisfy the Longing in My Soul:** Only God can satisfy the longing of your soul. If we expect a man to meet every need, he will disappoint you.

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What I Wish My Mother Had Told Me About Men includes powerful stories from courageous women who bravely share their mistakes in hopes of helping others to not make the same mistakes. Each chapter includes encouragement from God's Word, a letter from the Father, reflective questions, and a practical application to help cultivate hope and healing in relationships.

Gorman, who is the founder of For Your Inspiration ministry and happily remarried with three children, does not advocate a religious formula to experience God's presence, wisdom, and revelation for our lives, but rather a heart-felt invitation to a deeper relationship with Him.

"God wants to renew your mind and restore what the enemy has stolen. He wants to redeem your past and restore your hope," says Gorman. "Your future is secure in Him. All it takes is for you to invite God to heal the broken areas of your life."

What I Wish My Mother Had Told Me About Men is for single and married women; for women embarking on their first dating relationship, as well as women who want to better understand themselves and the relationship they have with the men in their lives. Ultimately, Gorman empowers women to move past common deceptions about men in order to find greater intimacy as complements to one another in His kingdom. Additional information is available at www.juliegorman.com.

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About the Author:



Julie Gorman is a John Maxwell Certified Coach, Trainer and Speaker. She writes, produces, and hosts a weekly Broadcast with FYI, and is the founder of For Your Inspiration and His Love Extended Ministries. She graduated Summa Cum Laude with a Bachelor's Degree in Bible with minors in Pastoral Ministries and Communications.

As the founder of For Your Inspiration and His Love Extended Ministries, Julie's passion is to minister to the whole person. She is committed to binding up the broken-hearted and empowering and equipping believers for ministry. Her desire (above all other things) is to glorify God by assisting believers to fulfill the vision God ordained for their life, so they can impact their homes, communities, and nation more effectively.

Her hope is to experience an outpouring of the Holy Spirit, evidenced in marriages being restored, hearts being mended, shattered lives being made whole, and a generation of believers, who know who they are in Christ.

Although grateful for her opportunities as a writer and speaker, Julie remains most passionate about her role as wife and best friend to her husband of 15 years, Greg, and a mother to their three children, Courtney, Sommer and Joshua.

Suggested Interview Questions

1. Why is it so common to try to find an earthly substitute to fulfill the needs that only God can fill?
2. Your title has received some skepticism from men thinking your book is an attack on men. What is your message to men and women in your book?
3. What are some of the myths women believe? What is the truth to these myths?
4. How does our craving for intimacy make us susceptible to Satan's deceptions?
5. In your own life, what did you learn about substituting an earthly relationship for intimacy with God?
6. Your book shows women how to break free from Satan's deception and ultimately release the notion that a man will validate her worth. How do women begin to re-pattern their thinking?
7. A recurrent theme in your book is that only God can satisfy the longing of our soul, that He loves us deeply, madly and passionately. Why is it crucial for us to understand this before we become involved with another person?
8. What steps are involved to enjoy an earthly relationship without being dependent on it to fulfill the needs that only God can fulfill?
9. Are women guilty of forcing men into unrealistic expectations of rescuing them?
10. Why do you believe if our happiness hinges on a man's perfection, we are destined for disappointment and devastation?
11. How do we avoid attributing to man the position that belongs to God?
12. How does the deception that a man only wants one thing contradict God's design and misalign His plan for marriage?
13. Why is it dangerous for a woman to believe she can change or try to change a man's heart?
14. Are women predisposed to a desire to control a man?
15. Why is there an underlying belief that men and women are at odds with one another?
16. Your book addresses the lies we believe about men; what are some of the truths we should believe?
17. What do you recommend parents of girls share when it comes to relationships?
18. You expose some pretty real and raw details from your life. What caused you to write so transparently?
19. In what ways can a woman connect with a man in a healthy spiritual and emotional manner that is blessed by God?
20. How does your story resonate and apply to other women even if they are single, married, young, old, daughters or mothers?
21. One of the most riveting stories you share an accounts of your emotions surrounding your father's death...and your desire to have a man rescue you...how did your dad's passing solidify a greater revelation of grace and healing?
22. What has been the reaction of this book from family members?
23. How can people stay updated on your projects?

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Notable Quotes from *What I Wish My Mother Had Told Me About Men:*

Only God can satisfy the hunger of our soul. He alone quenches our thirst for intimacy. He alone establishes our worth. Our worth doesn't reside in a man's validation but in the unmistakable testimony of who God says we are. (*A Man Will Validate My Worth*, pg. 29).

Healthy relationships begin with our relationship with God. Until we fully embrace who God says we are, we risk the temptation of allowing others to define us. (*A Man Will Validate My Worth*, pg. 37).

Superman may look great in tights but never forget his kryptonite – a fallen nature. Wanting a man to provide you with security is normal, but remember, searching for *salvation* in any person other than Jesus is perilous to your relationships. Overcome your tendency to pursue security in the arms of a man; instead, seek a fuller relationship in Christ. (*A Man Will Rescue Me*, pg. 57).

Expecting a man to be perfect is not only unrealistic, but it also sets us up for failure. As women, we should never settle for anything less than God's best, but neither can we expect any man to be Jesus Christ. (*A Man Will Never Let Me Down*, pg. 62).

God wants us to drink in intimacy and embrace unity with our spouse, not treat sex as another duty needing to be checked off our ever-growing list of responsibilities. The deception that a man only wants one thing violates God's design and misaligns God's plan. God designed a husband and wife to enjoy sexual intimacy within the confines of their marriage. (*Men Only Want One Thing*, pg. 83, pg. 91).

Changing a man's heart is a job reserved for the Holy Spirit. When we try to change a man's heart, it tends to lead either to concession or contempt. Our temptation is to step beyond our role as *helper* and presume the role of *savior*. (*I Can Change Him*, Pg. 99, pg. 105).

Every desire to control a man, whether it's to protect our own interests or to heal our past, whether it's focused on getting what we want or an attempt to rescue someone else, is misplaced. It needs God's healing touch. (*I Can Control Him*, pg. 123).

When we focus only on our needs, we inevitably find ourselves on the short end, needing and feeling short-changed. However, the more we concentrate on fulfilling the needs of others, the more we feel fulfilled. (*It's All His Fault*, pg. 146).

Like so many, women join society's norm, accepting men as inept, power-wielding, weak-natured beings. In an attempt to protect their lives from hurt and disappointment, many women inadvertently rob God of His ability to liberate their relationships. (*Men Are the Enemy*, pg. 186).

The problem isn't in our desires, but to whom we allocate our expectations to meet those desires. A man is truly designed and destined for great works. Respect him, but don't worship him. Anytime you assign your first affection to anything other than God, you invite heartache. (*A Man Will Satisfy the Longing of My Soul*, pg. 201, 211).

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Endorsements:

“I wish every woman – married or not – would grab a hold of the truth in this book! This is what every woman, single or married, needs to understand about men. Though we’re all different, the things Julie Gorman outlines here are universally true. She provides amazing insight. Every woman who reads this will be better equipped to deal with any man.” **James Randall Robison**, LIFE Today TV.

“This is a wonderful book full of wisdom and insight. In a world where it is so easy to get caught up in so many distractions, this book brings the reader back to some fundamental principles that could make all the difference in the life of a young woman. But it also can help a woman in the prime of life rethink and adjust her priorities. As a man, I often feel very misunderstood, and this book is a great way for anyone to understand what we need and why.” **Stephen Arterburn**, Founder and Chairman of New Life Ministries, host of Christian radio talk show “New Life Live!” and best-selling author.

“Your mother may not have helped you understand the differences between men and women, but never fear: Julie Gorman has come to the rescue with this book.” **Kendra Smiley**, Speaker and Author of Live Free – *Eliminate the If Onlys and What Ifs of Life*.

“Gorman in her best book yet brings truth, transparency and hope to a modern day message of love passion and marriage. She is dicey and direct as she tackles many of the lies women believe about men and the snares they produce. Her message is clear only God himself can heal the longings of a woman's heart. In Him alone we are complete and whole. Do you know of someone that is struggling with their view of men and marriage? This is the first book I would place in their hands.” **Tammy Maltby**, Speaker, Emmy Award Winning TV Cohost and Author of *Confessions of a Good Christian Girl* and *The God Who Sees You*.

“Julie’s reverence for God’s creativity exhibited through men brings value and perspective to the relationship with the men we love, by reorienting our thinking to the proper, God-honoring, order of relationships. With honesty, humor and Spirit-produced insights, Julie takes us on a journey that every woman I know, including myself, needs to travel. Wisely illustrated with features like, ‘10 Steps’, there’s practical application within the pages of this entertaining, encouraging, and edifying work of literary art.” **Lisa Troyer**, Host/Producer Moody Radio.